



d a m s e l i n d i o r

BLOW OUT CHEAT SHEET

- Lightly towel-dry your hair and {always} use product.
- I use Blow Pro's Jet Blo Mini Kit {perfect for travel}. Spray the Protective Primer three times starting at the ends of your hair, repeat with Texturizing Mist & Thickening Mist.
 - Brush through your hair to detangle and start drying as you brush the hair forward. Brushing your hair forward while lightly drying it will add volume.
 - Dry your hair in three sections starting from the bottom base. Pin up the other two sections while you're doing this.
 - Using a medium sized round brush, start drying your hair in sections starting with the root and pulling your hair in a downward AND backward motion. Always pull your hair away from the face. Once the base is dry, flip the hair and pull out on the round brush so you are flipping your hair out and away from the face.
 - Repeat on both sides.
 - Once your base layer is COMPLETELY dry (very important to have each section completely dry, do not move to next section until it is.) Twist, twist, twist the hair so it is twisting toward the back of your head and spray with a light hairspray (I use Mooi Prét Set Hairspray). Always twist your hair, even after it's dry.
 - Repeat the same steps with the middle section of your hair.
 - For the top layer start with the sections on the back of your head and move forward. Stay patient with the top layer as it is the most important. Use your round brush to pull UP and AWAY from your face, creating volume with each dry.
- * * Quick Tip, to really set your hair when it's dry switch the hairdryer to "Cool" mode and hold it on a section
- The heavier side of your part (for me this is my right side) will require extra effort and drying. Make sure you really pull up and away from the face and get the root

dry before proceeding to the ends of your hair. You don't need to add too much bend to the end as the lower layers will automatically create a natural wave.

- Once your hair is dry, twist twist twist and spray all over with your light hairspray.
- To give it a more beachy, bed head look, use Oribe's Aprés Beach Wave & Shine Spray. Just a few quick sprays will add texture and oomph to your "do".
- To polish off your hair, and decrease the frizz, use a pinch of Avine's Universal Polishing Coat, rub it thoroughly in your palms and apply to your hair by starting at the ends and pushing it upwards.
- Don't forget to add a final twist twist at the end and you're ready to rock!